January 2017

Wilson Aquatic Center 202-730-0583

MOVE • GROW • BE GREEN with **▶DPR**



4551 Ft. Dr. NW WDC 2016 M-F 6am-9pm Sat & Su 9-5pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy New Yearl	2	3 Sr. YMCA 9:45-10:30am	4 Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm	5 sr. YMCA 9:45-10:30am	6 Sr. Body Wise 12-12:45pm	7
8	9 Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm Sr. L2S I 3-3:30pm Sr. L2S II 3:30-4pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:pm	10 Sr. YMCA 9:45-10:30am P/C L2S A 12-12:30pm P/C L2S B 12:45 -1:15pm Jr. Wave 4-5pm Child L2S I 4:30-5pm Child L2S II 5:15-5:45pm Child L2S III 6-6:30pm Child L2S IV 7-7:45pm Deep Water S&D 7-7:45p	11 Deep Water Aer 6:30- 7:15am Sr. Body Wise 8-8:45am Sr. Body Wise 12-12:45pm Sr. L2S I 3-3:30pm Sr. L2S II 3:30-4pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:pm	12 Sr. YMCA 9:45-10:30am P/C L2S A 12-12:30pm P/C L2S B 12:45 -1:15pm Jr. Wave 4-5pm Child L2S I 4:30-5pm Child L2S II 5:15-5:45pm Child L2S III 6-6:30pm Child L2S IV 7-7:45pm Deep Water S&D 7-7:45p	13 Deep Water Aer 6:30- 7:15am Sr. Body Wise 12-12:45pm	14 P/C L2S A 10-10:30am P/C L2S B 10:45-11:15am Pre-School I 11:30-12pm Pre-School II 12:15- 12:45pm Pre-School III 1-1:30pm
15	16 MLK Day	17 Sr. YMCA 9:45-10:30am P/C L2S A 12-12:30pm P/C L2S B 12:45 -1:15pm Jr. Wave 4-5pm Child L2S I 4:30-5pm Child L2S II 5:15-5:45pm Child L2S III 6-6:30pm Child L2S IV 7-7:45pm Deep Water S&D 7-7:45p	18 Deep Water Aer 6:30- 7:15am Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm Sr. L2S I 3-3:30pm Sr. L2S II 3:30-4pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:pm	19 Sr. YMCA 9:45-10:30am P/C L2S A 12-12:30pm P/C L2S B 12:45 -1:15pm Jr. Wave 4-5pm Child L2S I 4:30-5pm Child L2S II 5:15-5:45pm Child L2S III 6-6:30pm Child L2S IV 7-7:45pm Deep Water S&D 7-7:45p	20 Deep Water Aer 6:30- 7:15am Sr. Body Wise 12-12:45pm	21 P/C L2S A 10-10:30am P/C L2S B 10:45-11:15am Pre-School I 11:30-12pm Pre-School II 12:15- 12:45pm Pre-School III 1-1:30pm
22	23 Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm Sr. 125 I 3-3:30pm Sr. 125 II 3:30-4pm Adult L25 I 6-6:30pm Adult L25 II 6:45-7:15pm Adult L25 III 7:30-8:pm	24 Sr. YMCA 9:45-10:30am P/C L2S A 12-12:30pm P/C L2S B 12:45 -1:15pm Jr. Wave 4-5pm Child L2S I 4:30-5pm Child L2S II 5:15-5:45pm Child L2S III 6-6:30pm Child L2S IV 7-7:45pm Deep Water S&D 7-7:45p	25 Deep Water Aer 6:30- 7:15am Sr. Body Wise 8-8:45am Sr. Body Wise 12-12:45pm Sr. L2S I 3-3:30-pm Adult L2S II 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:pm	26 Sr. YMCA 9:45-10:30am P/C L2S A 12-12:30pm P/C L2S B 12:45 -1:15pm Jr. Wave 4-5pm Child L2S I 4:30-5pm Child L2S II 515-5:45pm Child L2S III 6-6:30pm Child L2S IV 7-7:45pm Deep Water S&D 7-7:45p	27 Deep Water Aer 6:30- 7:15am Sr. Body Wise 12-12:45pm	28 P/C L2S A 10-10:30am P/C L2S B 10:45-11:15am Pre-School I 11:30-12pm Pre-School II 12:15- 12:45pm Pre-School III 1-1:30pm
29	30 Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm Sr. L2S I 3-3:30pm Sr. L2S II 3:30-4pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:pm	31	1	2	3	4
			Program Make Up Week Water Aerobics (single class per week)—January 8th—14th Please consult an aquatic customer service representative for more details			

February 2017

Wilson Aquatic Center 202-730-0583 4551 Ft. Dr NW WDC 20016

CLOSED FOR THE MONTH

5	Sun l	Mon Tu	ue Wed	Thu	Fri	Sat		
29	30	31	1	2	3	4		
5	6	7	8	9	10	11		
12	13	14	15	16	17	18		
19	20	21	22	23	24	25		
26 27		28	1 Learn Please consult	Program Make Up Week Learn to Swim & Water Aerobics—February 5th—12th Please consult an aquatic customer service representative for more details				



Wilson Aquatic Center 202-730-0583

4551 Ft Dr NW WDC 20016

M-F 6am-9pm Sat & Su 9-5pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Program Make Up Week Learn to Swim & Water Aerobics—March 12th—18th Please consult an aquatic customer service representative for more details			1 Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm Sr. L2S I 3-3:30pm Sr. L2S II 3:30-4pm Adult L2S I 6-6:30pm Adult L2S I 6:6:57:15pm Adult L2S III 7:30-8:pm	2 Sr. YMCA 9:45-10:30am P/C L2S A 12-12:30pm P/C L2S B 12:45 -1:15pm Jr. Wave 4-5pm Child L2S I 4:30-5pm Child L2S II 5:15-5:45pm Child L2S III 6-6:30pm Child L2S IV 7-7:45pm Deep Water S&D 7-7:45p	3 Sr. Body Wise 12-12:45pm	4 P/C L2S A 10-10:30am P/C L2S B 10:45-11:15am Pre-School I 11:30-12pm Pre-School III 12:15- 12:45pm Pre-School III 1-1:30pm
5	6 Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm Sr. L2S I 3-3:30pm Sr. L2S II 3:30-4pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:pm	7 Sr. YMCA 9:45-10:30am P/C L2S A 12-12:30pm P/C L2S B 12:45 -1:15pm Jr. Wave 4-5pm Child L2S I 4:30-5pm Child L2S II 5:15-5:45pm Child L2S III 5:15-5:45pm Child L2S IV 7-7:45pm Deep Water S&D 7-7:45p	8 Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm Sr. L2S I 3-3:30pm Sr. L2S II 3:30-4pm Adult L2S I 6:6-30pm Adult L2S II 6:45-7:15pm Adult L2S II 6:45-7:15pm	9 Sr. YMCA 9:45-10:30am P/C L2S A 12-12:30pm P/C L2S B 12:45 -1:15pm Jr. Wave 4-5pm Child L2S I 4:30-5pm Child L2S II 5:15-5:45pm Child L2S III 6-6:30pm Child L2S IV 7-7:45pm Deep Water S&D 7-7:45p	10 Sr. Body Wise 12-12:45pm	11 P/C L2S A 10-10:30am P/C L2S B 10:45-11:15am Pre-School I 11:30-12pm Pre-School II 12:15- 12:45pm Pre-School III 1-1:30pm
12	13 Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm Sr. L2S I 3-3:30pm Sr. L2S II 3:30-4pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 6:45-7:15pm Adult L2S III 7:30-8:pm	14 Sr. YMCA 9:45-10:30am P/C L2S A 12-12:30pm P/C L2S B 12:45 -1:15pm Jr. Wave 4-5pm Child L2S I 4:30-5pm Child L2S II 5:15-5:45pm Child L2S III 6-6:30pm Child L2S IV 7-7:45pm Deep Water S&D 7-7:45p	15 Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm Sr. L2S I 3-3:30pm Sr. L2S II 3:30-4pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:pm	16 Sr. YMCA 9:45-10:30am P/C L2S A 12-12:30pm P/C L2S B 12:45 -1:15pm Jr. Wave 4-5pm Child L2S I 4:30-5pm Child L2S II 5:15-5:45pm Child L2S III 6-6:30pm Child L2S IV 7-7:45pm Deep Water S&D 7-7:45p	17 Sr. Body Wise 12-12:45pm	18 P/C L2S A 10-10:30am P/C L2S B 10:45-11:15am Pre-School I 11:30-12pm Pre-School II 12:15- 12:45pm Pre-School III 1-1:30pm
19	20 Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm	21 Sr. YMCA 9:45-10:30am	22 Sr. Body wise 8-8:45am Sr. Body Wise 12-12:45pm	23 Sr. YMCA 9:45-10:30am	24 Sr. Body Wise 12-12:45pm	25
26	27	28	29	30	31	1